



BOLTON FAMILY & SPORTS MEDICINE

www.familyandsportsmedicine.com

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Telehealth Instructions

You will need to either have a smart phone, tablet or a computer with a microphone and camera. Use Google Chrome. For Apple machines, use Safari.

- 1 Contact the office to schedule an appointment for a Telehealth visit.
- 2 Log on to our office website the day before (no later than 30 minutes prior) your appointment to complete the medical history questions.



Scroll down to the bottom of the home-page of the website. Click on “medical history”. The first screen will ask you for your name and date of birth. Click “next”. The second screen will ask you for the reason for your visit. If the reason (Chronic Pain/Anxiety/High Blood Pressure/Thyroid/Diabetes.. etc) is not on the drop down list type the reason in the box.

Med check and Refill Meds are not reasons for a visit. You must type in the problem the medications treat.

Once you have completed the questionnaire, a screen will appear with red text at the bottom of the page. Click “next” to save your answers to our system.

3 Do 5 minutes before your appointment time

On the Telehealth page of the practice website, click on the button for your visit with your scheduled provider, or go to the following URL.

Ronald Buckman: doxy.me/drpbroomc

Andrea Delaire: doxy.me/adelaire

Enter your name and wait for your provider to pick up.